

Building Codes, Testing Standards and Test Methods



Topics

1. INTRODUCTION

2. BUILDING CODES

- Prescriptive vs Performance
- Model Building Code History
- ASHRAE
- NFPA
- Energy Codes The National Picture

3. TESTING AGENCIES

- ASTM
- FM Global (formerly Factory Mutual)
- Underwriters Laboratories

4. BUILDING CODE COMPLIANCE STANDARDS FOR SPRAY FOAM

- ICC Acceptance Criteria
- Physical Properties
- Thermal Properties
- Fire Resistance
- Moisture



Introduction

OBJECTIVES for Chapter 4

- Agencies that set building code model standards
- Building code model standards
- Agencies that develop and perform standardized test methods
- Building code compliance with spray polyurethane foam



Building Codes Prescriptive vs Performance Codes

Building codes regulate the design, construction and maintenance of buildings. They are the legally enforceable minimum requirement.

- Prescriptive codes provide detailed descriptions of the materials and methods of construction
 - compliance monitored by observation
 - generally focuses on R-value, often ignoring other beneficial SPF features, such as air sealing and void elimination

Does not ensure the most economical or best performance



Building Codes Prescriptive vs Performance Codes

Building codes regulate the design, construction and maintenance of buildings. They are the legally enforceable minimum requirement.

- Performance codes require the completed building to satisfy a specified level of performance.
 - building analysis typically required e.g. HERS
 - performance software is available COMcheck-EZ™ for commercial buildings, REScheck™ for homes, etc.
 - energy savings exceeding code minimums can be used to qualify for sustainability programs – LEED, etc.

One energy saving feature may be swapped for another, overall building performance must be maintained



Building Codes Model Building Code History



Members consist of units from state and local governments

Members vote on changes to code, anyone can submit a change proposal

New codes are published every 3 yrs, 2009 is the most recent

State and local officials may adopt all or part of the code, but may not be up to date with all revisions





Building Codes ICC Code Bodies

IRC: International Residential Code

model building code for one and two family dwellings

ICC International Code Council

IBC: International Building Code

model building code for commercial, public, institutional, and industrial buildings

IECC: International Energy Conservation Code

model building code that specifies requirements for energy conservation



Building Codes ICC Code Bodies

ICC-ES: ICC Evaluation Service

Reviews data submitted by manufacturers to determine if their product complies with code, issues an evaluation report.

ESRs are not required for a material to be code compliant; rather they are for the convenience of the code official to evaluate the properties and use of a building material or method.

Evaluation reports issued under one of the agencies that predates ICC are grandfathered via an ICC-Legacy Report

ICC-ES and ICC-Legacy reports are used by building officials to aid in determining if a product is code compliant

Other Evaluation Services such as IAPMO have been writing ESR's for decades and are equally valid to ICC-ESRs



Building Codes Other Agencies that Set Standards

ASHRAE: American Society of Heating, Refrigeration and Air-Conditioning Engineers



International organization, publishes methods for testing and rating equipment in the HVAC&R industry

ASHRAE publishes performance-based standards for HVAC&R equipment that are used in building codes, including:

ASHRAE Standard 90.1 - Energy Standard for Buildings Except Low-Rise Residential Buildings

<u>ASHRAE Standard 62.2</u> – Ventilation and Acceptable Indoor Air Quality in Low-Rise Residential Buildings



Building Codes Other Agencies that Set Standards



National Fire Protection Association The authority on fire, electrical, and building safety

NFPA: National Fire Protection Association

Publishes methods and standards for fire, electrical, and building safety used in building codes



Building Codes The National Picture

Energy codes dictate requirements for the building envelope, mechanical systems, and lighting

Building envelope requirements typically include minimum insulation levels by climate region

The US Energy Conservation and Production Act (ECPA) requires each state to certify that it has a commercial building code that meets or exceeds ASHRAE 90.1-1999. Some states are not yet compliant with the federal mandate









Source: Building Codes Assistance Project www.bcap-energy.org





- state has adopted a new code to be effective at a later date

uilding Codes e Project)-energy.org



Testing Agencies ASTM, FM, UL



ASTM International: originally known as the American Society of Testing and Materials

Sets standards across a broad spectrum of materials, products, systems, and services, largest voluntary standard setting organization in the world

technical committees develop the standards, each committee is made up of volunteers with experience in the industry area they represent

ASTM test methods are used to measure SPF density, R-value, air transmission, water vapor permeance, etc

Insurance Evolved FM 610881 - FM: FM Global

Mutual insurance company that maintains an engineering and research complex

Tests roof systems for wind, hail, and fire resistance

Underwriters Laboratories

UL: Underwriters Laboratories

Maintains a product directory listing companies whose products were tested and comply with the UL standards for safety

only products bearing the UL mark should be considered UL listed



Building Code Compliance SPF Requirements

- Insulation materials (including fiberglass and cellulose) must meet two requirements to comply with ICC or IECC model code:
 - 1. a valid 3rd party thermal test of R-value
 - 2. a valid 3rd party ASTM E-84 fire test showing flame spread and smoke developed numbers meeting the minimum of the code requirements
- Specifically approved alternative fire tests cited by the ICC, such as NFPA 286, may also be used to show product acceptance in the end use application, including thickness and density
- When used more than 4" thick, foam plastic insulation must have the minimum flame spread & smoked developed numbers at the 4" tested thickness, and also have an end use approval test in accordance with the "Specific approval" section of the ICC
- Additional data may be required if the SPF is to be considered a vapor retarder or air barrier.



Building Code Compliance ICC Acceptance Criteria

- ICC-ES has developed <u>Acceptance Criteria</u> for many classes of building products that describe the required material properties.
- Some manufacturers submit test data to ICC-Evaluation Services to receive an ICC-ES report that specifies code compliance.

The ICC-ES report is not mandatory, but can simplify the approval process with code officials.

- SPF is listed in AC-377 "Acceptance Criteria for Spray-Applied Foam Plastic Insulation"
- AC-377 was made effective in March 2008 as the new acceptance criteria for SPF only, replacing AC-12 (for SPF acceptance). AC-12 is now applicable only to EPS, XPS and PIR.

Material requirements are the same as AC-12 except for a difference in the thickness required for R-value testing



Building Code Compliance AC-377 Requirements for SPF





Thermal Resistance

• Thermal resistance is characterized by R-value

ASTM C518 or C177 test R-value for materials

ASTM C1363 "guarded hot box" is used to measure R-value of wall assemblies

R-value is not linear with thickness

AC-377 R-value must be tested at 1 inch and 3.5 inches (or greater, no less), with extrapolation to be allowed for thicker applications based on the maximum tested thickness

• K-Factor and R-Value define thermal properties



Thermal Resistance

Text

TITLE 16 - COMMERCIAL PRACTICES

CHAPTER I - FEDERAL TRADE COMMISSION

SUBCHAPTER D - TRADE REGULATION RULES

PART 460 - LABELING AND ADVERTISING OF HOME INSULATION

460.20 - R - value per inch claims.

In labels, fact sheets, ads, or other promotional materials, do not give the R-value for one inch or the R-value per inch of your product. There are two exceptions: (a) If an outstanding FTC Cease and Desist Order applies to you but differs from the rules given here, you can petition to amend the order.

(b) You can do this if actual test results prove that the R-values per inch of your product does not drop as it gets thicker.

You can list a range of R-value per inch. If you do, you must say exactly how much the R-value drops with greater thickness. You must also add this statement: The R-value per inch of this insulation varies with thickness. The thicker the insulation, the lower the R-value per inch.

[44 FR 50242, Aug. 27, 1979, as amended at 70 FR 31276, May 31, 2005]



Surface Burning Resistance

• Surface burning resistance is characterized by ASTM E84, also known as NFPA 255, UL 723, and the Steiner Tunnel

Foam is mounted on the ceiling of a 25 ft tunnel, ignited at one end, and a controlled draft runs through the tunnel

Flame progress is observed through side windows to develop a Flame Spread Index (FSI). A higher number means the flame spread is faster

Smoke density (SD) is measured in the air that exits the tunnel via the controlled draft.

Building materials are classified according to FSI

Class I A	FSI 0-25
Class II B	FSI 26-75
Class III C	FSI 76-200
Class IV	200 < FSI

- IRC, IBC, and AC-377 require that foam plastics have FSI ≤ 75 and SD ≤ 450*
- Specific alternative fire tests may allow other end use configurations, or applications thicker than 4"

*Numerical flame spread ratings are not intended to reflect actual hazards under fire conditions.



Building Code Compliance The Steiner Tunnel





Building Code Compliance Thermal Barriers

Thermal barriers slow the temperature rise of the material behind the barrier during a fire situation.

- All model building codes require a 15 minute thermal barrier between SPF and the interior occupied space in a building unless approved based on diversified full-scale fire tests.
- ½" gypsum board passes the test as a 15 minute thermal barrier



Where a Thermal Barrier Should Be Applied?





Where a Thermal Barrier Should Be Applied?





Building Code Compliance Thermal Barriers

Thermal barriers slow the temperature rise of the material behind the barrier during a fire situation.

 All model building codes require a 15 minute thermal barrier between SPF and the interior occupied space in a building unless approved based on diversified full-scale fire tests.

Using the ASTM E119 procedure the temperature of the underlying SPF cannot be more than 325°F (166°C) after 15 minutes of fire exposure (250°F average)

Alternative materials must be tested in accordance with the above procedure or other full-scale fire tests in order to comply with the thermal barrier performance requirements of the ICC





Figure B-1. Exposed Side of the Wall Assembly Prior to the Fire Test.



ASTM E-119 One-Hour Assembly Test



Figure B-2. Unexposed Side of the Wall Assembly During the Fire Test.





Figure B-3. Exposed Side of the Wall Assembly Immediately After the Fire Test.





Figure B-7. Exposed Side of Assembly Following Hose Stream Retest.



• Thermal barriers are not required in the following types of construction:

Masonry or concrete construction

Thermal barrier is not required if the SPF is separated from the interior of the building by ≥ 1 inch of masonry or concrete

Attics and crawlspaces

Thermal barrier is not needed if access is only required for the service of utilities; however, the SPF must be protected by an ignition barrier.

No Storage is permitted!

Sill plates and headers

Thermal barrier not required in the IRC if the SPF has: thickness is \leq 3.25 inches, density is 0.5-2.0 pcf, and ASTM E84 Class I or A rating.

Thermal barrier not required in the IBC if the SPF has: thickness is \leq 3.25 inches, density is 1.5-2.0 pcf, and ASTM E84 Class I or A rating.



Building Code Compliance Ignition Barriers

Ignition barriers do not provide as much protection from fire as thermal barriers.

- Model building codes allow an exception to the thermal barrier requirement in attics and crawlspaces where entry is made only for the service of utilities. These reduced requirements are restricted to areas that have no other uses, such as storage.
- SPF in these spaces must be protected against ignition by one of the following materials:

1-1/2" Mineral fiber
1/4" Wood structural panels (paneling or sheathing)
3/8" particleboard
1/4"hardboard
(0.375 inch)(3/8") gypsum board (wallboard)
Corrosion resistant steel have a base metal thickness of 0.016 inch



 Building code officials may accept alternative end-use tests. Consult with the manufacturer for testing – ICC-ES reports are often required to show acceptance.



Building Code Compliance Combustibility of SPF

- SPF is combustible! Codes require thermal and ignition barriers to reduce the risk of ignition and flash fire
- Other types of thermal barriers are available in addition to gypsum board:
 - spray-applied cementitious and cellulose materials
 - portland cement plaster and other proprietary materials
- Thermal barrier materials should have a building code evaluation report with report number and validity dates
- Code officials may accept thermal barriers that have not been evaluated by ICC-ES on the basis of performance in these generally accepted end-use tests:
 - UL 1715 Fire Test of Interior Finish Material
 - UL 1040 Insulated Wall Construction
 - FM 4880 Building Corner Fire Test
 - UBC 26-3 Room Fire Test Standard for Interior of Foam Plastic Systems



- Composition Dry wood pulp based fiber latex adhesive and fire retardants.
- Code Approval Current code certification listing report number and date.



Cellulose-Based Thermal Barrier Over Foam













Water Vapor Permeance

• ASTM E96 is the method used for measuring water vapor permeance, the performance unit is the "perm"

Perm units indicate the rate of water vapor transmission through a material at a specified thickness

Higher perm ratings indicate more water vapor transmission

- IECC requires a vapor retarder on the 'warm in winter' side of the building envelope in climate zones ≥ 5, and Marine Zone 4
- To qualify as a vapor retarder the material must have \leq 1 perm

Most closed-celled foams have permeance \leq 1 at thickness \geq 2 inches

Open-celled foams are about 4-16 perms at an installed thickness of 4 inches, and require the addition of a vapor retarder to comply with code in climate zones where one is required



Physics of Moisture Transfer

• Water vapor is transmitted by two mechanisms

Vapor barriers and retarders limit the diffusion of water vapor

Air barriers limit

air movement

vapor transport by

1.

2.



Air Movement – air leakage through the building envelope transports water as humidity in the air

 The primary mechanism for water transport in buildings is air leakage Both open cell and closed cell SPF provide an effective air seal, protecting the building envelope against vapor transport via air movement.

- If air drops below its dew point condensation can occur, depositing liquid water within the building envelope
- Water can damage the building components and create a site for mold
- Vapor barriers should never be installed on both sides of the building envelope – water can be trapped within



- 1. What types of building codes are used to enforce spray foam insulation?
 - a) Prescriptive-based codes
 - b) Uniform codes
 - c) Performance-based codes
 - d) Both A and C
- 2. What is the new uniform building code that most jurisdictions are using called?
 - a) International Code, by the International Code Council
 - b) National Building Code
 - c) National Energy Code
 - d) Model Energy Code



3. Energy Codes are universal and uniform across the United States, for all types of construction.



- 4. Which of the following testing organizations is actually an insurance agency?
 - a) ASTM (American Society for Testing and Materials)
 - b) UL (Underwriters Laboratories)
 - c) FM (Factory Mutual)
 - d) ASHRAE (American Society of Heating, Refrigeration and Air-Conditioning Engineers)



- 5. Which of the following is the acceptance criterion for spray foam insulation that shows compliance with the I-codes?
 - a) AC12



- 6. What are the terms used for defining thermal properties?
 - a) k-factor
 - b) R-value
 - c) Perms
 - d) Thickness
 - e) Both A & B



- 7. For foam plastic insulation, what is the minimum requirement for surface burning characteristics, to meet the International codes?
 - a) 25 or less flame spread
 - b) 75 or less flame spread
 - c) 450 or greater smoke developed
 - d) Doesn' t matter, as long as there is sheetrock, in accordance with ASTM E119
- 8. A kraft-faced fiberglass batt is a suitable thermal barrier for unfinished basements.





 A open-cell foam should use a vapor retarder in some northern climates, because it still has some vapor permeance.



- 10. What is the type and minimum thickness of spray foams that *may* qualify as a vapor retarder?
 - a) Open-cell, 10" minimum
 - b) Open-cell, 6" minimum
 - c) Closed-cell, 4" minimum

d) Closed-cell, 2" minimum



 The following slides answer a question about R-Value and U-Factor that came up in the previous presentation.
 I suggest we include them in this presentation for the future.



 The IRC has a table of R-Values to be used if you have stud wall cavities or a cathedral ceiling (roof/ceiling combination)

CLIMATE ZONE	FENESTRATION U-FACTOR	SKYLIGHT [⊅] <i>U</i> -FACTOR	GLAZED FENESTRATION SHGC	CEILING <i>R</i> -VALUE	WOOD FRAME WALL <i>R</i> -VALUE	MASS WALL <i>R-</i> VALUE ^k	FLOOR <i>R</i> -VALUE	BASEMENT [©] WALL <i>R</i> -VALUE	SLAB ^d <i>R</i> -VALUE AND DEPTH	CRAWL SPACE [©] WALL <i>R</i> -VALUE
1	1.2	0.75	0.35 ^j	30	13	3/4	13	0	0	0
2	0.65 ⁱ	0.75	0.35 ^j	30	13	4/6	13	0	0	0
3	0.50 ⁱ	0.65	0.35 ^{e, j}	30	13	5/8	19	5/13 ^f	0	5/13
4 except Marine	0.35	0.60	NR	38	13	5/10	19	10/13	10, 2 ft	10/13
5 and Marine 4	0.35	0.60	NR	38	20 or 13 + 5 ^h	13/17	30 ^f	10/13	10, 2 ft	10/13
6	0.35	0.60	NR	49	20 or 13 + 5 ^h	15/19	30 ⁸	10/13	10, 4 ft	10/13
7 and 8	0.35	0.60	NR	49	21	19/21	30 ^g	10/13	10, 4 ft	10/13

TABLE N1102.1 INSULATION AND FENESTRATION REQUIREMENTS BY COMPONENT^a



 If the roof deck is sprayed so no stude are showing, the U-Factor table can be used instead of the prescriptive R-Value.

CLIMATE Zone	FENESTRATION U-FACTOR	SKYLIGHT <i>U</i> -Factor	CEILING <i>U</i> -FACTOR	FRAME WALL <i>U</i> -Factor	MASS WALL <i>U</i> -FACTOR [₿]	FLOOR U-FACTOR	BASEMENT WALL U-FACTOR	CRAWL SPACE WALL <i>U</i> -FACTOR
1	1.20	0.75	0.035	0.082	0.197	0.064	0.360	0.477
2	0.65	0.75	0.035	0.082	0.165	0.064	0.360	0.477
3	0.50	0.65	0.035	0.082	0.141	0.047	0.091°	0.136
4 except Marine	0.35	0.60		0.082	0.141	0.047	0.059	0.065
5 and Marine 4	0.35	0.60	0.030	0.060	0.082	0.033	0.059	0.065
6	0.35	0.60		0.060	0.060	0.033	0.059	0.065
7 and 8	0.35	0.60	0.026	0.057	0.057	0.033	0.059	0.065

TABLE N1102.1.2 EQUIVALENT U-FACTORS^a



- R-Value is used in a cavity
- U-Factor may be used in an "Opaque Assembly" or has "Continuous Insulation" (No framing connecting the inner and outer skins of the building)







The IRC

• In Zones 4 and higher it makes a big difference

Climate Zone	U-Factor	Inches of Low Density Foam	R-Value	Inches of LD SPF
1	0.035	7.5	30	7.9
2	0.035	7.5	30	7.9
3	0.035	7.5	30	7.9
4 Except Marine	0.03	8.7	38	10.0
5 & 4 Marine	0.03	8.7	38	10.0
6	0.026	10.1	49	12.9
7 & 8	0.026	10.1	49	12.9



The IRC

• With Floors it Works Against Us....Slightly

Climate Zone	U-Factor	Inches of Low Density Foam	R-Value	Inches of LD SPF
1	0.064	4.1	13	3.4
2	0.064	4.1	13	3.4
3	0.047	5.6	19	5.0
4 Except Marine	0.047	5.6	19	5.0
5 & 4 Marine	0.033	8.0	30	7 9
6	0.033	8.0	30	7.9
7 & 8	0.033	8.0	30	7.9



N1102.2.1 Ceilings with attic spaces. When Section N1102.1 would require R-38 in the ceiling, R-30 shall be deemed to satisfy the requirement for R-38 wherever the full height of uncompressed R-30 insulation extends over the wall top plate at the eaves. Similarly R-38 shall be deemed to satisfy the requirement for R-49 wherever the full height of uncompressed R-38 insulation extends over the wall top plate at the eaves. This reduction shall not apply to the U-factor alternative approach in Section N1102.1.2 and the Total UA alternative in Section N1102.1.3

